# Complete Summary

#### TITLE

Post-hospitalization care for substance abuse: percentage of discharges that were followed by an ambulatory substance abuse encounter with an other or unspecified provider within 7 and 30 days of hospital discharge (MEDDIC-MS SSI).

## SOURCE(S)

Department of Health and Family Services, Division of Health Care Financing, Bureau of Managed Health Care Programs. MEDDIC-MS SSI. Medicaid encounter data driven improvement core measure set for SSI managed care. Madison (WI): State of Wisconsin; 2002 Dec 1. 30 p.

#### Brief Abstract

#### DESCRIPTION

This measure tracks outpatient substance abuse follow-up care services provided by an other or unspecified provider to Supplemental Security Income (SSI) health maintenance organization/managed care organization (HMO/MCO) enrollees within 7 and 30 days of discharge from an inpatient care setting with a principle diagnosis of substance abuse.

See the NQMC measure summaries for the related measures that track outpatient substance abuse follow-up care services provided by either a <u>specialist mental</u> <u>health/substance abuse provider</u> or by a <u>primary care provider</u>.

## RATIONALE

Mental health/substance abuse services are vital to a person's overall health and sense of well-being. Most individuals prefer outpatient services to meet their healthcare needs whenever possible and that is particularly true for mental health needs. Mental health and substance abuse issues are of higher prevalence in the Supplemental Security Income (SSI) population than in the general population.

Research supports that there is a causal relationship between early post-discharge follow-up care and lower rates of readmission. One recent study found the relapse rate for individuals seen within 30 days was only 13.5 percent compared to a relapse rate of 25.1 percent when follow-up care was not provided.

Follow-up care for addiction issues is important to sustained sobriety.

## PRIMARY CLINICAL COMPONENT

Substance abuse; post-hospitalization care; ambulatory follow-up

## DENOMINATOR DESCRIPTION

Supplemental Security Income (SSI) health maintenance organization/managed care organization (HMO/MCO) enrollees age 15 to 20 years and 21 years and older at the time of discharge who were discharged with a selected substance abuse diagnosis. The enrollee must have been continuously enrolled without breaks for at least 30 days prior to the date of discharge and for at least 30 days after discharge. The measure look-back period is 12 months (365 days) from the measure end date, but include in the denominator only those discharges occurring within the first 335 days of the look-back period.

## NUMERATOR DESCRIPTION

The number of discharges in the denominator that were followed by an ambulatory substance abuse encounter with an other or unspecified provider within 7 and 30 days of hospital discharge.

## **Evidence Supporting the Measure**

PRIMARY MEASURE DOMAIN

**Process** 

SECONDARY MEASURE DOMAIN

Access

EVIDENCE SUPPORTING THE MEASURE

A formal consensus procedure involving experts in relevant clinical, methodological, and organizational sciences

#### Evidence Supporting Need for the Measure

NEED FOR THE MEASURE

Unspecified

#### State of Use of the Measure

STATE OF USE

Current routine use

**CURRENT USE** 

Decision-making by consumers about health plan/provider choice External oversight/Medicaid External oversight/State government program Internal quality improvement

## Application of Measure in its Current Use

#### CARE SETTING

Managed Care Plans

## PROFESSIONALS RESPONSIBLE FOR HEALTH CARE

Measure is not provider specific

## LOWEST LEVEL OF HEALTH CARE DELIVERY ADDRESSED

Single Health Care Delivery Organizations

## TARGET POPULATION AGE

Age greater than 15 years at the time of discharge

## TARGET POPULATION GENDER

Either male or female

## STRATIFICATION BY VULNERABLE POPULATIONS

Unspecified

#### Characteristics of the Primary Clinical Component

## INCIDENCE/PREVALENCE

Mental health and substance abuse issues are of higher prevalence in the Supplemental Security Income (SSI) population than in the general population.

## EVIDENCE FOR INCIDENCE/PREVALENCE

Department of Health and Family Services, Division of Health Care Financing, Bureau of Managed Health Care Programs. MEDDIC-MS SSI. Medicaid encounter data driven improvement core measure set for SSI managed care. Madison (WI): State of Wisconsin; 2002 Dec 1. 30 p.

## ASSOCIATION WITH VULNERABLE POPULATIONS

Unspecified

## **BURDEN OF ILLNESS**

Unspecified

## **UTILIZATION**

The total number of annual inpatient admissions for primary substance abuse (all payer sources and settings) in the state of Wisconsin has increased from 16,488 in 1996 to 17,253 in 1998. The number of admissions per 100,000 population has increased from 310 to 322 in the same time period, a 3.8 percent increase. The national average in admissions per 100,000 population has increased only 0.6 percent in the period. In 1998, admissions for marijuana/hashish were the most frequent accounting for over 78,500, alcohol-related admissions accounted for over 34,700, inpatient episodes of care and cocaine related admissions totaled over 3,400.

Of these inpatient totals in 1998, 6,488 were admitted to acute care hospitals. Of these, 492 were for individuals under the age of 18, 4,552 were for individuals between the ages of 18 and 44 years.

## EVIDENCE FOR UTILIZATION

Number of hospitalizations for selected chronic conditions, by age. [internet]. Madison (WI): Wisconsin Department of Health and Family Services, Reference Center, Office of Health Care Information; 1998 [cited 2003 Jun 10].

Treatment Episode Data Set (TEDS). [database online]. Rockville (MD): Office of Applied Studies, Substance Abuse and Mental Health Services Administration; 1992-2000 [cited 2003 Jun 10].

**COSTS** 

Unspecified

#### Institute of Medicine National Healthcare Quality Report Categories

**IOM CARE NEED** 

Getting Better

IOM DOMAIN

Effectiveness

#### Data Collection for the Measure

CASE FINDING

Users of care only

## DESCRIPTION OF CASE FINDING

Supplemental Security Income (SSI) health maintenance organization/managed care organization (HMO/MCO) enrollees age 15 to 20 years and 21 years and older at the time of discharge who were discharged with a selected substance abuse diagnosis. The enrollee must have been continuously enrolled without breaks for at least 30 days prior to the date of discharge and for at least 30 days after discharge.

## DENOMINATOR SAMPLING FRAME

Enrollees or beneficiaries

## DENOMINATOR (INDEX) EVENT

Clinical Condition Institutionalization Patient Characteristic

## DENOMINATOR INCLUSIONS/EXCLUSIONS

## Inclusions

Supplemental Security Income (SSI) health maintenance organization/managed care organization (HMO/MCO) enrollees age 15 to 20 years and 21 years and older at the time of discharge who were discharged with a selected substance abuse diagnosis. The enrollee must have been continuously enrolled without breaks for at least 30 days prior to the date of discharge and for at least 30 days after discharge. The measure look-back period is 12 months (365 days) from the measure end date, but include in the denominator only those discharges occurring within the first 335 days of the look-back period.

Refer to the original measure documentation for specified International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM) substance abuse diagnosis and treatment codes and Uniform Billing (UB-92) revenue codes.

## **Exclusions**

Do not count enrollees discharged from residential care, partial hospitalization, or residential rehabilitation programs.

## NUMERATOR INCLUSIONS/EXCLUSIONS

## Inclusions

The number of discharges in the denominator that were followed by an ambulatory substance abuse encounter with an other or unspecified provider within 7 and 30 days of hospital discharge.

The follow-up visit must be with an other or unspecified provider and can be for any substance abuse diagnosis listed in the original measure documentation. Refer to the original measure documentation for mental health/substance abuse provider criteria.

To identify ambulatory follow-up encounters, refer to the original measure documentation for Current Procedural Terminology (CPT-4/2001) codes, Uniform Billing (UB-92) revenue codes, Healthcare Common Procedure Coding System (HCPCS) codes, and Alcohol and Other Drug Abuse (AODA) treatment codes.

Exclusions Unspecified

DENOMINATOR TIME WINDOW

Time window precedes index event

NUMERATOR TIME WINDOW

Fixed time period

DATA SOURCE

Administrative data

LEVEL OF DETERMINATION OF QUALITY

Individual Case

PRE-EXISTING INSTRUMENT USED

Unspecified

#### Computation of the Measure

**SCORI NG** 

Rate

INTERPRETATION OF SCORE

Better quality is associated with a higher score

ALLOWANCE FOR PATIENT FACTORS

Analysis by subgroup (stratification on patient factors)

DESCRIPTION OF ALLOWANCE FOR PATIENT FACTORS

Two age cohorts are reported: Supplemental Security Income (SSI) health maintenance organization/managed care organization (HMO/MCO) enrollees age 15 to 20 years and 21 years and older.

STANDARD OF COMPARISON

External comparison of time trends Internal time comparison Prescriptive standard

## PRESCRIPTIVE STANDARD

Program-wide 2002 aggregate baselines and 2004 performance goals (with input from participating health maintenance organizations [HMOs] based on aggregate baselines) to be established. Goals will be ramped up over time to progressively drive performance improvement.

## EVIDENCE FOR PRESCRIPTIVE STANDARD

Department of Health and Family Services, Division of Health Care Financing, Bureau of Managed Health Care Programs. MEDDIC-MS SSI. Medicaid encounter data driven improvement core measure set for SSI managed care. Madison (WI): State of Wisconsin; 2002 Dec 1. 30 p.

## **Evaluation of Measure Properties**

#### EXTENT OF MEASURE TESTING

This measure was tested and validated by an independent third party and subject to internal review in 2002 for Medicaid Encounter Data Driven Improvement Core Measure Set (MEDDIC-MS). Modifications made to base measure for Supplemental Security Income (SSI) do not affect measure accuracy or validity.

## EVIDENCE FOR RELIABILITY/VALIDITY TESTING

Innovative Resources Group (IRG). Measure testing/validation reports for MEDDIC-MS. Brookfield (WI): Innovative Resources Group (IRG); 2002.

#### Identifying Information

## ORIGINAL TITLE

Post-hospitalization care for substance abuse within 7 and 30 days. Other or unspecified provider follow-up.

## MEASURE COLLECTION

MEDDIC-MS (Medicaid Encounter Data Driven Improvement Core Measure Set). Rapid-cycle performance improvement measures system for Medicaid managed care.

## MEASURE SET NAME

MEDDIC-MS SSI (Medicaid Encounter Data Driven Improvement Core Measure Set for Supplemental Security Income). Measures applicable to SSI managed care population.

#### MEASURE SUBSET NAME

Targeted Performance Improvement Measures (TPIM) -- SSI

## **DEVELOPER**

State of Wisconsin, Department of Health and Family Services

#### **ADAPTATION**

Measure was not adapted from another source.

## RELEASE DATE

2002 Dec

#### **MEASURE STATUS**

This is the current release of the measure.

## SOURCE(S)

Department of Health and Family Services, Division of Health Care Financing, Bureau of Managed Health Care Programs. MEDDIC-MS SSI. Medicaid encounter data driven improvement core measure set for SSI managed care. Madison (WI): State of Wisconsin; 2002 Dec 1. 30 p.

## MEASURE AVAILABILITY

The individual measure, "Post-hospitalization care for substance abuse within 7 and 30 days. Other or unspecified provider follow-up," is published in "Medicaid Encounter Data Driven Improvement Core Measure Set for SSI Managed Care (MEDDIC-MS SSI)."

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## NQMC STATUS

This NQMC summary was completed by ECRI on January 30, 2004. The information was verified by the measure developer on February 9, 2004.

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